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ORGANIZED SPORTS AND PROGRAMS PHASE III – STEP 1 (Amended)

The following is a summary of the reopening standards issued by the Massachusetts Executive Office of Energy and Environmental Affairs for organized youth and adult sports activities as amended and effective August 17, 2020. The full document can be reviewed by [clicking here](#).

In Phase III, Step 1, the ability to participate in sports and recreation activities is determined by three factors:

1. The risk of transmitting COVID-19 given the nature of the sport or recreation activity itself. Sports and activities are categorized as **Lower Risk**, **Moderate Risk** or **Higher Risk**;
2. The level of risk associated with the “type of play” without modifications which is defined by 4 levels from least to greatest risk; and,
3. Whether a sport or activity can “modify play” to reduce risk.

Outdoor and indoor sports activities and programs should first identify their level of risk which will then determine which levels of play they can participate in.

LEVEL OF RISK	DESCRIPTION OF ACTIVITY	EXAMPLES	TYPE OF PLAY CAN PARTICIPATE IN
Lower Risk	<ul style="list-style-type: none"> • Sports and activities that can be done with social distancing and no physical contact • Sports or activities that can be done individually 	Tennis, pickleball, swimming, catch, golf, yoga, gymnastics and no contact exercise class	Levels 1, 2, 3 and 4
Moderate Risk	Sports or activities that involve intermittent close proximity or limited, incidental physical contact between participants	Baseball, softball, crew/sailing (<i>only 2-3 people in a boat</i>) track, volleyball, dance class, field hockey, girls’ lacrosse, soccer	Level 1 (as traditionally played) Levels 2 and 3 (only if “modification to play” are met) *
Higher Risk	Sports or activities for which there is a requirement or a substantial likelihood of routine close and/or sustained proximity or deliberate physical contact between participants and a high probability of	Football, wrestling, rugby, basketball, lacrosse, ice-hockey, competitive cheerleading, martial arts and ultimate frisbee, boxing	Level 1 (as traditionally played) Levels 2 and 3 (only if “modification to play” are met) *

	respiratory particle transmission between participants		
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Level of Play Categories:

LEVEL OF PLAY	DESCRIPTION OF ACTIVITY IN THIS CATEGORY
LEVEL 1	Individual or socially distanced group activities which includes no contact workouts, aerobic conditioning, individual skill work and drills.
LEVEL 2	Competitive practices which includes intra-group games, contact drills and scrimmages.
LEVEL 3	Competitions which include inter-team games, meets, matches and races. "Competition" is defined as multiple participants or two teams competing against one another in a single contest.
LEVEL 4	Tournaments (Outdoors only)

** See guidelines for Minimum Mandatory standards for Modification to Play*

Please contact the Recreation Department for information on scheduling organized sports activities at 781-397-7168 or online at www.cityofmaiden.org/321/recreation.