



Fitness pays! Receive up to \$150 fitness reimbursement*

If you're a member of Harvard Pilgrim and belong to a qualified health and fitness club for four months in a calendar year, we'll reimburse you up to \$150 — for you or your dependents covered under your plan. It's that easy.

Most health and fitness facilities qualify

- Fitness reimbursement applies to monthly fees paid to a facility that provides cardiovascular and strength-training equipment for exercising and improving physical fitness, such as: health clubs and fitness centers; YMCA's and YWCA's; Jewish Community Centers; and municipal fitness centers.
- Qualifying facilities also include fitness studios/facilities that offer yoga, Pilates, Zumba, aerobic/group classes, indoor cycling/spinning classes, kickboxing, CrossFit, strength training, tennis, indoor rock climbing and personal training (taught by a certified instructor).
- The following are not eligible for reimbursement: fees you pay for group classes or personal training outside of a fitness facility/studio, and health club initiation fees you pay for instructional dance studios, country clubs, social clubs (such as ski, riding or hiking clubs), spas, gymnastics facilities, martial arts schools, pool-only facilities, road race fees, sport camps, ski passes, sports teams or leagues, and school sports athletic user fees.

What to know about Harvard Pilgrim's fitness reimbursement

How to qualify

- Membership at a qualifying health and fitness facility must be for at least four months in a current calendar year. Validation as a qualifying facility is subject to approval by Harvard Pilgrim.

Turn over to learn more ▶

*Up to \$150 maximum reimbursement per Harvard Pilgrim policy in a calendar year (individual or family contract). Must be currently enrolled in Harvard Pilgrim at time of reimbursement. If enrolled through an employer, available to the extent your employer has elected to offer this fitness reimbursement. Restrictions apply, and reimbursement is not available to all members. (For tax information, consult with your employer or tax advisor.)

Certain employers will offer this program upon their annual enrollment/anniversary date. In these instances, you'll be eligible four months after the enrollment/anniversary date. For example: If your employer's enrollment/anniversary date is April 1, eligibility to submit for reimbursement begins no earlier than August 1 (as long as all other participation rules are met). For specific fitness center criteria, log in to your member account at www.harvardpilgrim.org, click on "Discounts & Savings," then go to the Fitness Reimbursement section.

Per the Patient Protection and Affordable Care Act, some small group and individual plans include coverage for fitness reimbursement. Please see your *Benefit Handbook* and *Schedule of Benefits* for details.

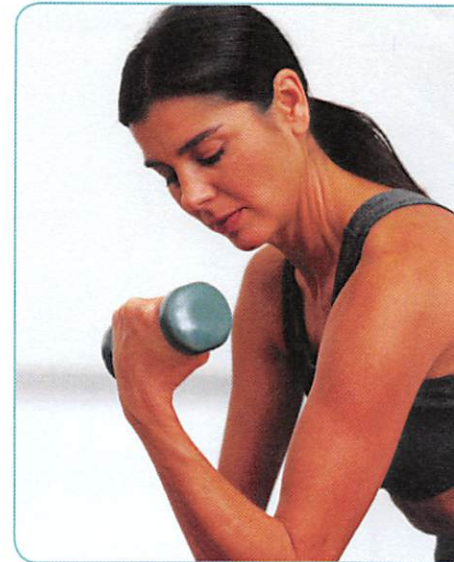
What to know about Harvard Pilgrim's fitness reimbursement (continued)

- Either you are enrolled in a plan with fitness reimbursement through your employer or you're enrolled in a Harvard Pilgrim Buy Direct Plan.
- Reimbursement is not available to members enrolled through most Harvard Pilgrim Nongroup plans, some Choice, Choice Plus and Options plans, the Passport ConnectSM program, USNH and Health Plans, Inc.

How to
receive up
to \$150

You have two options for submitting your fitness reimbursement request

- 1) Submit your request online
- 2) Mail the paper form to us



Log in to www.harvardpilgrim.org, click on "Discounts & Savings" then click on "Learn More about Fitness Reimbursement." Scroll down to the "Ready to Request Reimbursement?" section to submit your request online or download the form. Or, call Member Services at (888) 333-4742 and a representative will send you a form.

As long as all requirements are met, reimbursement should take up to eight weeks.

General requirements and important notes

- You, the subscriber, must fill out and submit Harvard Pilgrim's Fitness Reimbursement Form, as well as all necessary receipts and a copy of your fitness facility contract, by March 31 of the following year. Harvard Pilgrim's online and paper fitness reimbursement forms both detail the reimbursement process and what you need to submit to receive your reimbursement.
- Reimbursement is up to \$150 per calendar year (i.e., January–December) in total for fitness facility membership dues for the subscriber and/or their dependents. (Maximum reimbursement per year per subscriber policy is \$150.)
- Subscriber may receive fitness reimbursement only once per calendar year.
- Reimbursement checks will be mailed and made payable to the subscriber only at the subscriber's address of record. No alternative address will be accepted.
- Be sure to keep copies of all documentation before you submit your fitness reimbursement form, as originals cannot be returned.
- For more details, log in to your member account at www.harvardpilgrim.org, click on "Discounts & Savings," then go to the Fitness Reimbursement section.

